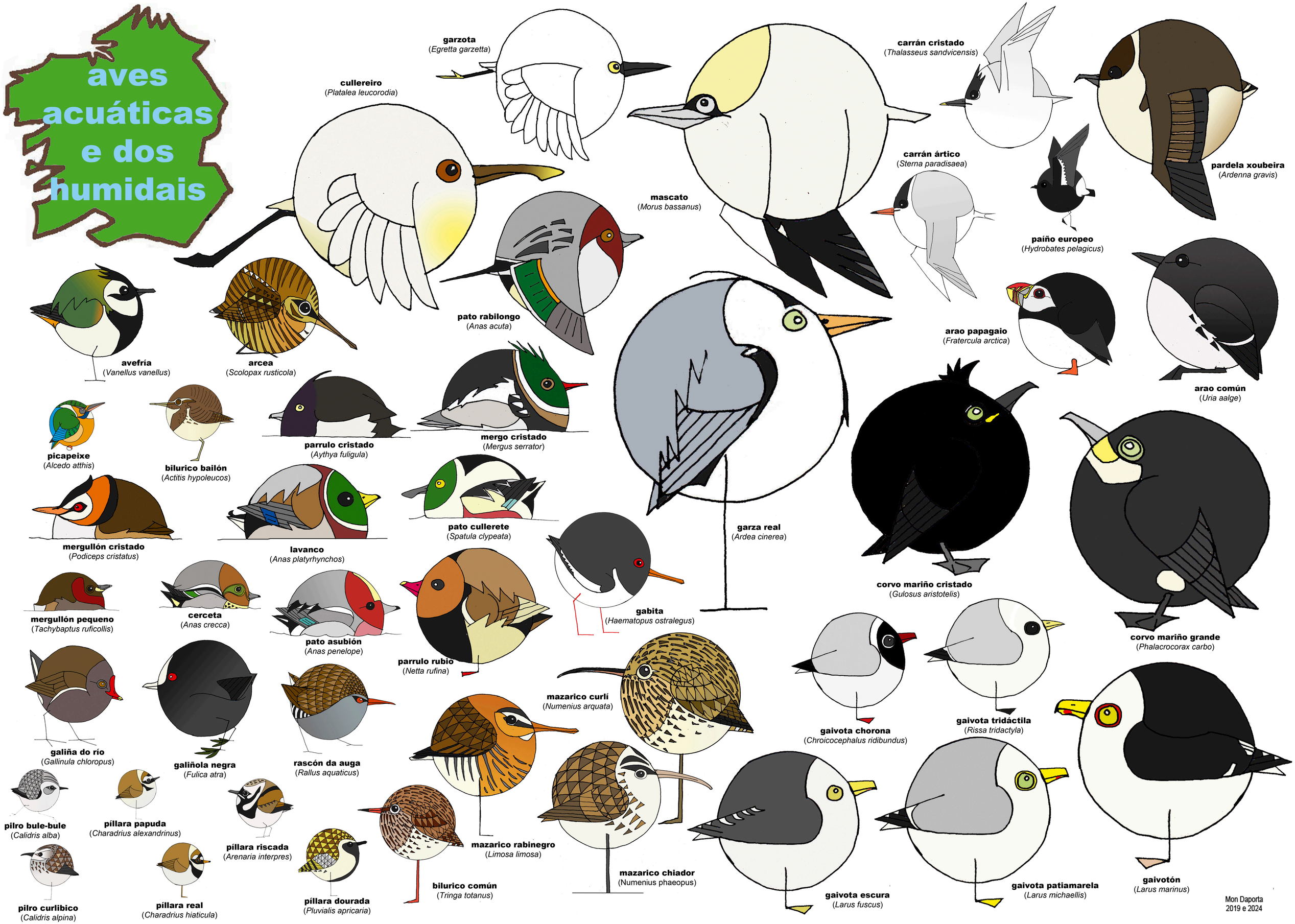aves acuáticas e dos humidais